

# Nutritional and healthy fun from HOLIDAY HOUSE!

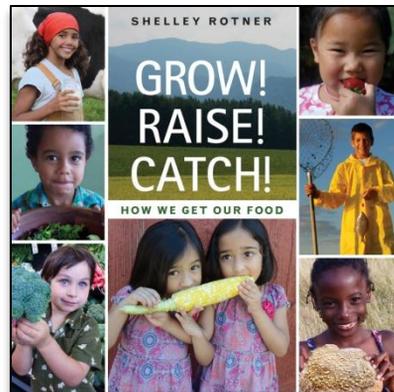
Now in  
paperback!

## GROW, RAISE, CATCH! How We Get Our Food

By Shelley Rotner

HC: 9780823436439 / PB: 9780823438846 • Ages 4–7

In a book filled with bright and enticing photographs and an accessible text, Shelley Rotner offers a breakdown of the farm-to-table process that is perfect for preschoolers and kindergarten students.

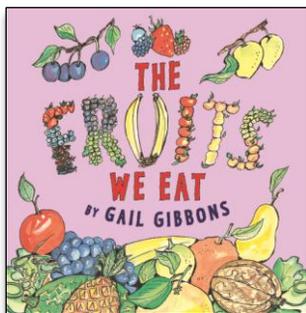


## THE FRUITS WE EAT

by Gail Gibbons

HC: 978-0-8234-3204-2 / PB: 9780823435715 • Ages 4–8

Berries, apples and melons; oranges, grapefruits, and bananas – yum! Here are facts about the different parts of fruits, where and how they grow and how they are harvested. A companion to *The Vegetables We Eat*.

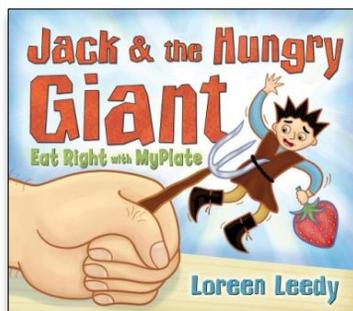
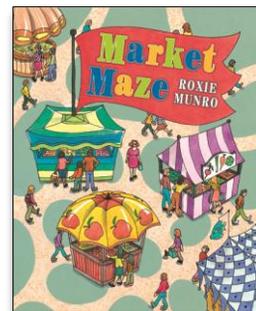


## MARKET MAZE

by Roxie Munro

HC: 978-0-8234-3092-5 • Ages 4–8

Eight trucks hit the highway in a colorful and mesmerizing maze book that helps kids understand where food comes from and how it gets to their tables.



## JACK & THE HUNGRY GIANT EAT RIGHT WITH MYPLATE

by Loreen Leedy

HC: 978-0-8234-2602-7 / PB: 978-0-8234-3308-7

Ages 4–8

The giant Jack meets at the top of the beanstalk teaches him about the food groups – grains, proteins, fruits, vegetables and dairy – and how much of each should be on Jack's plate.

*Based on the USDA's MyPlate.*



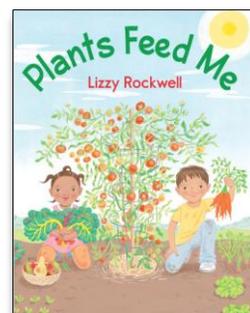
## PLANTS FEED ME

by Lizzy Rockwell

HC: 978-0-8234-2526-6 / PB: 978-0-8234-3307-0

Ages 3–6

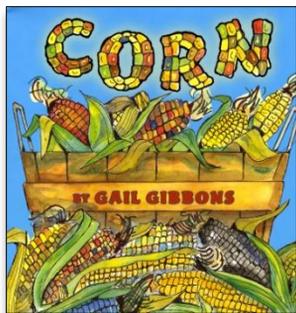
Detailed illustrations teach new readers about the edible parts of different plants, including leaves, flowers, stems, roots and seeds.



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# More nutritional and healthy fun from HOLIDAY HOUSE!



## CORN

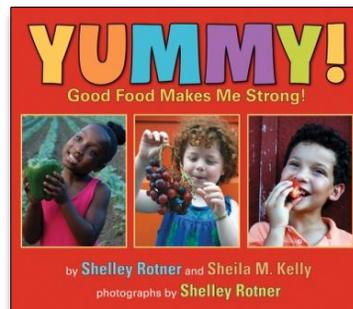
written and illustrated by Gail Gibbons  
HC: 978-0-8234-2169-5 / PB: 978-0-8234-2245-6 • Ages 4-8

Popcorn, corn on the cob, corn dogs, cornflakes – corn is used in many of children’s favorite foods. But what is the story behind this popular grain? Gail Gibbons dishes up the details about corn’s cultivation, uses and more, offering a cornucopia of information.  
*Download the online reproducible activity sheet.*

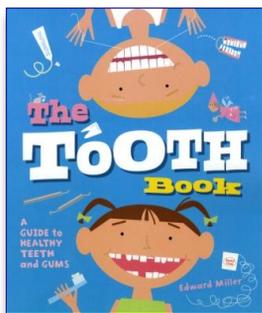
## YUMMY!

### *Good Food Makes Me Strong!*

by Shelley Rotner and Sheila M. Kelly; photographs by Shelley Rotner  
HC: 978-0-8234-2426-9 • Ages 3-6



This book helps inspire children to get involved in making healthy choices and families to start growing, preparing and eating fresh and wholesome meals and snacks.  
*Download the online Educator’s Activity guide.*



## THE TOOTH BOOK

### *A Guide to Healthy Teeth and Gums*

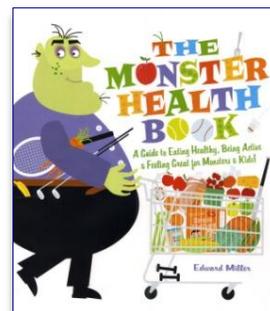
written and illustrated by Edward Miller  
HC: 978-0-8234-2092-6 / PB: 978-0-8234-2206-7 • Ages 5-8

With lively art and tasty bits of history and lore, Edward Miller provides more than a mouthful of good advice on dental hygiene and subjects such as what to expect at the dentist’s office and what to do in tooth emergencies.

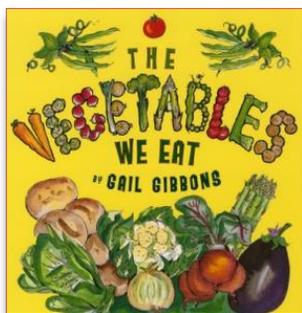
## THE MONSTER HEALTH BOOK

### *A Guide to Eating Healthy, Being Active & Feeling Great for Monsters & Kids!* *Revised Edition*

written and illustrated by Edward Miller  
PB: 978-0-8234-2139-8 • Ages 6-10



This fun and fact-filled introduction to nutrition and fitness gives kids the tools they need to feel terrific. *Download the online Educator’s Activity guide.*



## THE VEGETABLES WE EAT

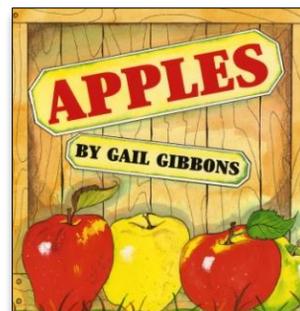
written and illustrated by Gail Gibbons  
HC: 978-0-8234-2001-8 / PB: 978-0-8234-2153-4 • Ages 4-8

Who knew there were so many different kinds of vegetables? From glossy red peppers to lush leafy greens to plump orange pumpkins, vegetables are explored in depth in this fascinating picture book that clearly explains the many vegetable varieties, how they are grown and why they are so good for us to eat. *Download the online reproducible activity sheets.*

## APPLES

written and illustrated by Gail Gibbons  
HC: 978-0-8234-1497-0 / PB: 978-0-8234-1669-1 • Ages 4-8

Apple trees grow in more parts of the world than any other fruit tree. From blossom to pollination to picking, here is information about how they grow, their various parts and the different varieties.



 = E-book available



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