

Here We Go Round the Mulberry Bush

JANE CABRERA

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Ages 2-6 • 978-0-8234-2288-3

This classroom activity is sung to the tune of the classic "Here We Go Round the Mulberry Bush" using the charming book by Jane Cabrera. Young children will love to get up and move to the activities that follow the book's sequence as they sing along with Cabrera's two adorable puppies!

Begin with the whole class lying on the floor.

Then start singing (to the tune of "Here We Go
Round the Mulberry Bush") "This is the way we all wake up, all
wake up, all wake up. This is the way we all wake up, on a cold
and frosty morning." Children can begin by yawning, stretching,
and finally standing up.

They can pretend to brush their teeth ("This is the way we brush our teeth . . .") and bundle up in warm

clothes ("This is the way we all get dressed . . ."). After marching in place ("This is the way we march to school . . ."), it's time for the classic line! Children can gather in a circle and hold hands as they continue singing "Here we go round the mulberry bush . . . on a cold and frosty morning."

Next, it's afternoon; and after letting go hands, children can pretend to read and/or write ("This is the way we read and write . . ."), then carefully jump and skip ("This is the way we jump and skip . . .") and hop about the room ("This is the way we hop home from school . . .").

It's on to evening. Have students get on their knees and bounce down to their heels and back up, etc. ("This is the way we bounce up and down . . ."). Now it's bath time! Have children pretend to splash and wash up in the bath ("This is the way

we splash around . . . ").

And finally it's time for bed. Have children get back down on the floor in a sitting position with

their hands in their laps ("This is the way we settle down . . ."). Now as they sing "This is the way we go to sleep . . ." they can lie back down and pretend to go to sleep—maybe even on their nap pads—and say "Good night!"

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